# Catalysis of $\mathrm{Na}^{+}$permeation in the bacterial sodium channel $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$ 

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Contributed by William A. Catterall, May 21, 2013 (sent for review March 29, 2013)


#### Abstract

Determination of a high-resolution 3D structure of voltage-gated sodium channel $N a_{v} A b$ opens the way to elucidating the mechanism of ion conductance and selectivity. To examine permeation of $\mathrm{Na}^{+}$through the selectivity filter of the channel, we performed large-scale molecular dynamics simulations of $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$ in an explicit, hydrated lipid bilayer at 0 mV in 150 mM NaCl , for a total simulation time of $\mathbf{2 1 . 6} \boldsymbol{\mu \mathrm { s }}$. Although the cytoplasmic end of the pore is closed, reversible influx and efflux of $\mathrm{Na}^{+}$through the selectivity filter occurred spontaneously during simulations, leading to equilibrium movement of $\mathrm{Na}^{+}$between the extracellular medium and the central cavity of the channel. Analysis of $\mathrm{Na}^{+}$dynamics reveals a knock-on mechanism of ion permeation characterized by alternating occupancy of the channel by 2 and $3 \mathrm{Na}^{+}$ions, with a computed rate of translocation of $(6 \pm 1) \times 10^{6}$ ions.s ${ }^{-1}$ that is consistent with expectations from electrophysiological studies. The binding of $\mathrm{Na}^{+}$is intimately coupled to conformational isomerization of the four E177 side chains lining the extracellular end of the selectivity filter. The reciprocal coordination of variable numbers of $\mathrm{Na}^{+}$ions and carboxylate groups leads to their condensation into ionic clusters of variable charge and spatial arrangement. Structural fluctuations of these ionic clusters result in a myriad of ion binding modes and foster a highly degenerate, liquidlike energy landscape propitious to $\mathrm{Na}^{+}$diffusion. By stabilizing multiple ionic occupancy states while helping $\mathrm{Na}^{+}$ions diffuse within the selectivity filter, the conformational flexibility of E177 side chains underpins the knock-on mechanism of $\mathrm{Na}^{+}$permeation.


The rapid passage of cations in and out of excitable cells through selective pathways underlies the generation and regulation of electrical signals in all living organisms (1-4). The metazoan cell membrane is exposed to a high- $\mathrm{Na}^{+}$, low- $\mathrm{K}^{+}$ concentration on the extracellular (EC) side, and to a low- $\mathrm{Na}^{+}$, high- $\mathrm{K}^{+}$concentration on the intracellular (IC) side. Selective voltage-gated $\mathrm{Na}^{+}$and $\mathrm{K}^{+}$channels control the response of the cell to changes in the membrane potential. In particular, voltagegated $\mathrm{Na}^{+}$channels ( $\mathrm{Na}_{\mathrm{V}}$ ) are responsible for the initiation and propagation of action potentials in cardiac and skeletal myocytes, neurons, and endocrine cells (1-4). Mutations in $\mathrm{Na}_{\mathrm{V}}$ channel genes are responsible for a wide range of debilitating channelopathies, including congenital epilepsy, paramyotonia, erythromelalgia, familial hemiplegic migraine, paroxysmal extreme pain disorder, and periodic paralyses $(5,6)$, underlining the importance of deciphering the relationship between the structure and function of $\mathrm{Na}_{\mathrm{v}}$ channels. Here, we use molecular simulations to study the binding and permeation of $\mathrm{Na}^{+}$in bacterial sodium channel $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$.

Although several atomic structures of $\mathrm{K}^{+}$-selective channels have been solved over the past decade (7-12), the atomic structure of an $\mathrm{Na}^{+}$-selective channel from the bacterium Arcobacter butzleri, $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$, was reported only recently (13). In the preopen state of $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ (13), the pore is closed at the IC gate, but the selectivity filter (SF) appears to be in its open, functional state. The molecular structure of the SF of $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ (TLESW) differs significantly from that of potassium channels such as KcsA
(TVGYG), in that it is both wider and shorter. In KcsA, channel coordination of permeating cations consists almost entirely of direct interactions with backbone carbonyl oxygen atoms. In contrast, in $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$, the SF is lined with amino acid side chains from S178 and E177 in addition to backbone carbonyl groups from T175 and L176 $(7,8,10,13)$. Due to the tetrameric domain arrangement of $\mathrm{Na}_{v} \mathrm{Ab}$, the E177 site forms a ring of four glutamate side chains (EEEE) in the same sequence positions as the characteristic DEKA ring of eukaryotic sodium channels $(14,15)$. The presence of charged and titratable carboxylate groups in the SF of $\mathrm{Na}_{\mathrm{v}}$ channels raises major questions about the catalytic mechanism for ionic permeation and the structural basis for ion selectivity.

As a first step toward elucidating the structural basis of ionic permeation and selectivity, we examine the movement of $\mathrm{Na}^{+}$ ions in and out of the pore from equilibrium molecular dynamics (MD) simulations of $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ in a hydrated lipid bilayer (Fig. S1). Forty-seven time trajectories totaling $21.6 \mu \mathrm{~s}$ were generated at 300 K in the presence of 150 mM NaCl to mimic the physiological environment of the periplasm. We analyzed $\mathrm{Na}^{+}$diffusion at a potential of 0 mV , similar to the peak of macroscopic $\mathrm{Na}^{+}$ current during an action potential or a voltage clamp experiment in nerve or muscle cells. The analysis of hundreds of spontaneous events of $\mathrm{Na}^{+}$diffusion through the SF provides detailed insight into a knock-on mechanism of $\mathrm{Na}^{+}$permeation involving alternating ion-occupancy states and resulting in an estimated translocation rate of $(6 \pm 1) \times 10^{6}$ ions $\cdot \mathrm{s}^{-1}$.

## Results and Discussion

$\mathrm{Na}^{+}$Movement. In the $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$ structure (Fig. $1 A$ ), permeating ions move first into an open ECvestibule, through the narrow SF lined by S178, E177, L176, and T175, and into a central cavity (CC) before exiting through the activation gate. Although the activation gate at the IC end of the channel is closed, $\mathrm{Na}^{+}$ions spontaneously traveled in and out of the pore during the course of the simulations (Fig. $1 B$ and $C$ ). The movement of $\mathrm{Na}^{+}$along the pore axis is shown in two representative 500 -ns trajectories and $\mathrm{Na}^{+}$binding modes (Fig. $1 B$ and $C$, Fig. $\mathrm{S} 2 A$ and $B$ ). When bound to the channel, $\mathrm{Na}^{+}$ions were at least partly solvated by one or more carboxylate groups of E177 (Fig. $1 B$, Fig. S2A). Using this criterion to define the SF leads to approximate axial SF boundaries of $-0.53 \leq z \leq 0.3 \mathrm{~nm}$, where $z=0$ at the L176 carbonyl.

In the example depicted in Fig. 1, the first ion (red) permeated through the SF and into the CC and remained trapped in the

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Fig. 1. Sodium movement in the selectivity filter of $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$. (A) Crystallographic structure of $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$ with a close up of the central ion permeation pore in which the helices above and below the plane of the page have been omitted for clarity. The constriction of the pore is formed by loops lined with the TLES sequence (the selectivity filter). The only hydrophilic residue in the central cavity (CC), T206, is also shown. The IC gate is occluded. (B) Representative snapshots of sodium ions (spheres) in the SF are shown at specified time steps. The backbone carbonyl groups of T175 and L176 and the side chains of E177 are shown, together with the water molecules involved in the coordination (yellow lines) of permeating ions. (C) Movement of $\mathrm{Na}^{+}$ions along the pore axis. By convention, the ions are colored red, green, blue, and purple from the innermost to the outermost position in the channel. Spontaneous and reversible diffusion of $\mathrm{Na}^{+}$ions along the channel axis occurred, with visible knock-on and knock-off events at $t=145$ and 330 ns , respectively, as the blue and red ions displace each other out of the SF ( $z=0$ corresponds to the mean axial position of the carbonyl C atom of L176). Segment $100-450 \mathrm{~ns}$ of this trajectory is illustrated in Movie S1. (D) Time evolution of the number of $\mathrm{Na}^{+}$ions in the pore. (E) The five conformational states of the EEEE ring, with E177 side-chains pointing either out toward the EC mouth or into the SF lumen (ions not shown). (F) Time evolution of the number of E177 side-chains pointing into the SF. (G) Distribution of ionic populations, and E177 side-chain dunking, from $17 \mu \mathrm{~s}$ of combined MD trajectories. Ionic occupancy is shown successively for the entire pore, from the EC funnel to the end of the CC ( -0.8 $\mathrm{nm} \leq z \leq 1.6 \mathrm{~nm}$ ) and for the SF ( $-0.53 \mathrm{~nm} \leq z \leq 0.3 \mathrm{~nm}$ ). The pore contains 2,3 or $4 \mathrm{Na}^{+}$ions $36 \% \pm 4 \%, 63 \% \pm 4 \%$, and $2 \% \pm 1 \%$ of the time, respectively (Left). The probabilities of finding 1, 2 , or 3 ions in the SF are $11 \% \pm 2 \%, 66 \%$ $\pm 3 \%$, and $23 \% \pm 3 \%$, respectively (Center). The probabilities of finding $0,1,2$, 3 or 4 E177 side-chains in dunked conformations are $4 \% \pm 1 \%, 16 \% \pm 2 \%, 38 \%$ $\pm 3 \%$, and $8 \% \pm 2 \%$, respectively (Right).
pore, occasionally returning to the SF. A second (green) ion entered the SF at $t \sim 21 \mathrm{~ns}$ and remained there for the rest of the simulation. Ionic replacement in the SF occurred at $t \sim 150 \mathrm{~ns}$, when the entry of a third (blue) ion forced the expulsion of the red ion to the CC, where it rapidly "bounced" up and down as it was no longer directly coordinated to the channel. This "knock on" event was followed by a reverse "knock off" process at $t \sim 332 \mathrm{~ns}$, when reentry of the red ion into the SF expelled the blue ion to the EC. Subsequent reentry of a blue ion at $t \sim 426 \mathrm{~ns}$ did not lead to the expulsion of the red ion from the SF; instead, all three ions resided in the SF for the rest of the trajectory (Fig. $1 D) . \mathrm{Na}^{+}$movements are accompanied by movements of the side chains of E177 residues, which change their conformation from an outward orientation to an inward "dunked" orientation (Fig. $1 E$ and $F$ ).

Although the pore was initially devoid of $\mathrm{Na}^{+}$, two ions penetrated into the channel sequentially within 40 ns in all 47 trajectories. Based on the time trajectories for a combined $17 \mu \mathrm{~s}$ of simulation time, the number of sodium ions present in the pore following this initial equilibration period fluctuated between 2,3 , and 4 , respectively, $36 \% \pm 4 \%, 63 \% \pm 4 \%$, and $2 \% \pm 1 \%$ of the time; in the SF, double occupancy $(66 \% \pm 3 \%)$ prevailed over single ( $11 \% \pm 2 \%$ ) and triple ( $23 \% \pm 3 \%$ ) occupancy (Fig. $1 G$ ). The average SF occupancy was $2.09 \pm 0.05$. Note that the statistical uncertainties reported in this work are the SEM.

Solvation, Binding, and Energetics of $\mathrm{Na}^{+}$in the Selectivity Filter. The movement of $\mathrm{Na}^{+}$in and out of the pore involves changes in the ionic occupancy of the SF. To uncover the relationship between ionic binding and mobility, we first decomposed the axial distribution of $\mathrm{Na}^{+}$according to coordination by water and channel groups (Fig. 2). The axial distribution of channel O atoms in the lumen of the pore is shown in Fig. $2 A$. When in the SF region, $\mathrm{Na}^{+}$is bound to carboxylate O atoms of E177 only (Fig. 2B, green) or to carboxylates of E177 and carbonyls of L176 together (Fig. $2 B$, yellow). Accordingly, we define binding to the SF by carboxylate coordination of $\mathrm{Na}^{+}$. The bimodal distribution of $\mathrm{Na}^{+}$in the SF peaks at $z=-0.3$ and 0 nm , which nearly matches the average positions of E177 carboxyl and L176 carbonyl O atoms, corresponds to two distinct binding modes ( E - and ELbound, respectively).
The number of carboxyl O atoms in the first solvation of shell of $\mathrm{Na}^{+}$varies from 1 to 5 throughout the SF, with 2-4 and 1-2 dominating in the E and EL peaks, respectively (Fig. 2C). Direct coordination by the channel induces partial dehydration of $\mathrm{Na}^{+}$, with the number of water molecules in the first solvation shell of $\mathrm{Na}^{+}$dropping from 6 or 7 outside of the SF to a range of $1-4$ in the SF for nearly all ions (Fig. 2D). In addition, each $\mathrm{Na}^{+}$is coordinated by one or occasionally two carbonyl O atoms of L176 in the EL binding site (Fig. 2E). Variations within the SF reflect the presence of multiple, highly degenerate ionic binding modes, as discussed below.

The analysis of $\mathrm{Na}^{+}$coordination leads to four distinct macrostates, which we refer to as $\mathbf{1}^{\prime}, \mathbf{2}, \mathbf{2}^{\prime}$, and $\mathbf{3}$. In this notation, the integer refers to the ionic occupancy of the SF, and primed and unprimed states differ in the number of $\mathrm{Na}^{+}$present in the central cavity, respectively 1 and 0 . The bimodal character of the axial distribution of $\mathrm{Na}^{+}$in the SF is retained in all four macrostates (Fig. $2 F-I$ ). The relative population of these two peaks depends on the ionic occupancy of the CC, but not on that of the SF. When no ion is present in the CC, the relative population of E- and EL-bound peaks is $\sim 1: 2$ ( $35: 65$ for state 2 and 33:67 for state 3). In contrast, when one ion is present in the CC, the two binding sites are nearly equivalent, with E:EL-bound ratios of 45:55 and 50:50 in states $\mathbf{1}^{\prime}$ and $\mathbf{2}^{\prime}$, respectively. This moderate shift in $\mathrm{Na}^{+}$from the EL site to the E site is likely due in part to repulsive coulombic interactions with the cation in the CC.


Fig. 2. Sodium binding and occupancy. (A) Axial distribution of channel O atoms involved in the solvation of permeating $\mathrm{Na}^{+}$ions, from the hydroxyl groups of S178 and T206, the carboxyl group of E177, and the carbonyl groups of L176 and T175. (B) Axial distribution of $\mathrm{Na}^{+}$atoms in the SF and CC regions of the channel, distinguishing between states in which $\mathrm{Na}^{+}$is directly bound to E177 ("E", green), to both E177 and L176 ("EL", yellow), or to neither (brown). The SF is defined by two spatially resolved $\mathrm{Na}^{+}$binding sites, $E$ and $E L$. The small peaks at $z=-0.65$ and $z=0.40 \mathrm{~nm}$ in the brown distribution correspond to direct $\mathrm{Na}^{+}$coordination by the hydroxyl O atom of S178 and water-mediated coordination to the carbonyl O atom of T175, respectively. ( $C-E$ ) Decomposition of the axial distribution of $\mathrm{Na}^{+}$ions according to the number of (C) carboxyl O atoms of E177, (D) water molecules, and ( $E$ ) carbonyl O atoms of L176 present in the first solvation shell of individual $\mathrm{Na}^{+}$ions. ( $F-l$ ) Axial distributions of $\mathrm{Na}^{+}$ions shown successively for ion coordination macrostates $\mathbf{2}, \mathbf{1}^{\prime}, \mathbf{3}$, and $\mathbf{2}^{\prime}$, where integers $1-3$ correspond to the ionic occupancy of the SF and the prime indicates the presence of one $\mathrm{Na}^{+}$ion in the CC. Color coding (red, green, blue) is as defined in the legend of Fig. 1. The total ionic occupancy of the pore is exactly two in states $\mathbf{1}^{\prime}$ and 2, and exactly three in states $\mathbf{2}^{\prime}$ and 3.

To gain insight into the energetics underlying $\mathrm{Na}^{+}$movement, we computed 2D free energy surfaces for ion pairs in the channel (Figs. S3 and S4 $A$ and $B$ ). Analysis reveals a relatively small number of well-defined arrangements of ion pairs in the SF, usually comprised of conformations in which adjacent ions are either distributed in the E-only $(z=-0.3 \mathrm{~nm})$ and EL $(z=0)$ sites, and conformations where two ions are in the EL site, with both cases occurring at once in macrostate $\mathbf{3}$. The simultaneous presence of two $\mathrm{Na}^{+}$ions in the EL binding site is made possible by the relative width of the channel and by coordination of the ions by multiple carboxylate groups. Rearrangements include either concerted (parallel to the diagonal) or sequential (parallel to one axis) movement of $\mathrm{Na}^{+}$to and from the above two states, with small intervening barriers ( $<1 \mathrm{kcal} / \mathrm{mol}$ ). These features are relatively independent of ionic occupancy (Fig. S3), revealing the surprising ability of the SF to approximately preserve the energy landscape of $\mathrm{Na}^{+}$ions.

Despite these overall similarities, the free energy landscape governing the movement of $\mathrm{Na}^{+}$between the SF and the CC depends on both the occupancy and the placement of ions in the SF: when two ions are in the pore, the expulsion of the innermost
(red) ion from the SF to the CC requires migration of the second (green) ion from the E site to the EL site (Fig. S4C, Upper). When 3 ions are in the pore, the EL site of the SF is usually occupied by the second ion and there is no longer any barrier impeding movement of the innermost $\mathrm{Na}^{+}$ion between the SF and the CC (Fig. S4C, Lower). These features support a knockon mechanism involving either 2 or 3 ions, driven at least in part by coulombic repulsion between $\mathrm{Na}^{+}$ions. However, in contrast to the single-file, "Newton balls" mechanism of $\mathrm{K}^{+}$permeation in the narrow SF of $\mathrm{K}^{+}$channels (16), $\mathrm{Na}^{+}$conductance in $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ does not require concerted cation movement, as two $\mathrm{Na}^{+}$ ions can come side-by-side and occasionally pass each other in the relatively wide SF of $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$.

Mechanism and Kinetics of Ion Translocation. The analysis of transitions between macrostates $\mathbf{1}^{\prime}, \mathbf{2}, \mathbf{2}^{\prime}$, and $\mathbf{3}$ leads to the mechanism depicted in Fig. 3. Because two-thirds of all conformations correspond to states 2 and $\mathbf{2}^{\prime}$, we consider that the resting state of the SF holds two ions, at least in the present, "preopen" state of the channel. Although a small number of apparently concerted transitions between states 2 and $\mathbf{2}^{\prime}$ occurred within the time resolution of this analysis ( 25 ps ), most transitions occurred sequentially, either via one-ion or three-ion intermediate states $\mathbf{1}^{\prime}$ and 3, respectively, depending on whether entry into the SF preceded exit from the SF , or the other way round (a time series illustrating both of these pathways is shown in Fig. S2 E-H). The rates of these transitions are comparable for the two pathways, with the path via the one-ion intermediate being slightly faster. The mean first passage times for $\mathbf{2 \rightarrow \mathbf { 1 } ^ { \prime }} \rightarrow \mathbf{2}^{\prime}$ and $\mathbf{2} \rightarrow \mathbf{3} \rightarrow \mathbf{2}^{\prime}$ translocation events (irrespective of direction) are 0.96 and 6.8 ns , respectively.

Nearly equal numbers of forward and reverse transitions between the four macrostates depicted were achieved over the set of simulations. A total of 201 spontaneous $\mathrm{Na}^{+}$translocation events through the SF occurred within $17 \mu \mathrm{~s}$ of simulation, 112 and 75 of


Fig. 3. Mechanism and kinetics of $\mathrm{Na}^{+}$translocation through the selectivity filter. The black box represents the SF, with the CC below and the EC mouth above. Color coding of the ions (disks) is analogous to that of Figs. 1 and 2. The populations of all four states $\mathbf{1}^{\prime}, \mathbf{2}, \mathbf{2}^{\prime}$, and $\mathbf{3}$, which differ in the occupancy of the channel and of the selectivity filter, are shown in \%, and the rate constants computed from the MD trajectories (Fig. 1) are shown above or below each arrow in units of $\mu \mathrm{s}^{-1}$. At this ionic concentration ( 150 mM ), states 2 and $\mathbf{2}^{\prime}$ correspond to the resting state of the system. The exchange between states $\mathbf{2}$ and $\mathbf{2}^{\prime}$, which corresponds to a unitary ionic translocation through the selectivity filter, involves either one-ion or three-ion intermediate states.
which traveled through states $\mathbf{1}^{\prime}$ and $\mathbf{3}$, respectively, and 14 of which were direct exchanges. These ionic permeation events yield an estimated rate of ion flow of $6 \pm 1 \mu \mathrm{~s}^{-1}$ through the SF, which is in the range of typical single ion channel permeation rates of $1-10$ $\mu \mathrm{s}^{-1}$ (1). Although the IC gate is closed, this result suggests that the SF is in its functional state and that the rates would not change appreciably if the IC channel gate were open. The fact that the CC is occupied $48 \%$ of the time indicates that the chemical potential of $\mathrm{Na}^{+}$in the CC is essentially identical to that in the EC solution at this concentration. Therefore, the observed diffusion of $\mathrm{Na}^{+}$ through the SF is relevant to $\mathrm{Na}^{+}$movement in the open state of the channel at 0 mV under conditions of equilibrium (i.e., in the absence of an electrochemical gradient).

Despite the high mobility of $\mathrm{Na}^{+}$in the CC (Fig. 1C, Fig. S2), our results suggest that the CC is a binding site for $\mathrm{Na}^{+}$. The energetics of $\mathrm{Na}^{+}$binding in the CC and the SF are coupled: there is always one $\mathrm{Na}^{+}$ion in the CC when a single ion is in the SF (state $\mathbf{1}^{\prime}$ ) and triple ionic occupancy of the SF occurs only when the CC is empty (state 3). However, whether or not the CC is part of the $\mathrm{Na}^{+}$conduction mechanism may depend on $\mathrm{Na}^{+}$ occupancy at physiological conditions. Due to the much lower concentration of free $\mathrm{Na}^{+}$in the cytoplasm ( 5 mM in humans, 8 mM in Escherichia coli (17)) than in our simulations ( 150 mM ), the presence of a physiological electrochemical gradient across the membrane is likely to lead to a decreased $\mathrm{Na}^{+}$occupancy of the CC in the open state of the channel, which could drop by a factor of up to $150 / 5=30$. In that limit, $\mathrm{Na}^{+}$permeation may occur primarily via alternating macrostates 2 and $\mathbf{3}$ (Fig. 3), with a higher average occupancy of the SF.

Regardless of the actual ionic occupancy of the CC, the present study indicates that the permeation mechanism at high $\mathrm{Na}^{+}$concentration involves the alternation of states in which a total of $2 \mathrm{Na}^{+}$(states $\mathbf{2}, \mathbf{1}^{\prime}$ ) and $3 \mathrm{Na}^{+}$(states $\mathbf{3}, \mathbf{2}^{\prime}$ ) are present in the pore. The similar population of states in which 2 and 3 $\mathrm{Na}^{+}$ions occupy the channel pore suggests that their exchange underpins an effective knock-on/knock-off process. Transitions involving the exchange of $\mathrm{Na}^{+}$between the EC vestibule and the SF are the slowest observed between the four macrostates in Fig. 3 , of the order of $50 \mu \mathrm{~s}^{-1}$, indicating that the rate-limiting step for the translocation of $\mathrm{Na}^{+}$through the SF is the migration of the third (blue) ion between the EC and the SF. By contrast, the movement of $\mathrm{Na}^{+}$between the SF and the CC is faster by an order of magnitude, a feature that is likely to persist upon directional movement from the SF to the CC in the open state of the channel.

Coupling of Channel Structure and Dynamics to $\mathrm{Na}^{+}$Permeation. $\mathrm{Na}^{+}$ coordination induced rapid and reversible conformational isomerization or "dunking" of E177 side chains, bringing their carboxylate group from out-facing to protruding into the lumen (Fig. $1 E$ and $F$ ). Coordination of $\mathrm{Na}^{+}$by E177 occurred mostly in the dunked conformation, which was much more likely in the presence than in the absence of cations, with the equilibrium constant to dunked vs. out-facing conformations of E177 increasing from $\mathrm{K}_{\text {dunk }}=0.04 \pm 0.02$ to $1.7 \pm 0.2$ upon addition of salt (Fig. $4 A$ and $B)$. Moreover, conformational isomerization of E177 occurred on the same time scale as $\mathrm{Na}^{+}$movement. Multiple exponential fitting of the survival probabilities of Glu side-chain conformations yields three conformational relaxation times in the order of $0.1,1$, and 10 ns , respectively ( Fig . S5A). The two longer relaxation times are commensurate with the mean first-passage times of $\mathrm{Na}^{+}$exchange through the SF , and the longest relaxation time of the dunked state disappears in the absence of salt. Accordingly, the axial displacement of the center of charge of the carboxylate groups is statistically correlated (Pearson coefficient $>0.7$ ) to that of $\mathrm{Na}^{+}$ions within the center of the SF region (Fig. S5B).

To uncover the mechanism coupling channel conformational dynamics to ion binding and mobility, we examined the coordination of $\mathrm{Na}^{+}$by channel O atoms throughout the simulations.


Fig. 4. Coupling of channel structure and dynamics to $\mathrm{Na}^{+}$solvation and mobility. (A) 2D potentials of mean force (PMFs) of $\chi_{1}\left(C_{\alpha}-C_{\beta}\right)$ vs. $\chi_{2}\left(C_{\beta}-C_{\gamma}\right)$ for E177 residues successively in the presence (Left) and in the absence (Right) of excess NaCl salt. Out-facing and lumen-facing (dunked) conformations of E177 are characterized by g+ and g- $\chi_{2}$ conformations, respectively. The presence of $\mathrm{Na}^{+}$displaces the conformational equilibrium of individual E177 side-chains toward the dunked state. (B) Representative conformations of E177 and S178 side-chains (Left) with and (Right) without $150-\mathrm{mM} \mathrm{NaCl}$ salt; (Upper) side and (Lower) EC views of the SF. Conformational dunking allows direct coordination of $\mathrm{Na}^{+}$ions (Left). In the out-facing conformation, E177 side-chains make hydrogen bonds with the hydroxyl groups of S178 (Right).

Each microstate (snapshot) was assigned a six-digit code describing the number of E177 carboxylate and L176 carbonyl O atoms in the first solvation shell of red, green, and blue ions, defining an SF binding mode. A myriad of distinct ionic coordination states were observed. A network representation combining the most likely binding modes observed in the entire simulation data set is shown in Fig. 5 together with representative snapshots (see Figs. S6-S8 for more detail). Each of these binding modes belongs to one of microstates $\mathbf{1}^{\prime}, \mathbf{2}, \mathbf{2}^{\prime}$, or $\mathbf{3}$ and is represented by a node whose area is proportional to its relative population; transitions observed between any two nodes are represented by an edge whose thickness is proportional to flux. The nodes in the network are highly connected. This analysis reveals the staggering multiplicity and degeneracy of ionic arrangements combining $\mathrm{Na}^{+}$ ions and $\mathrm{COO}^{-}$groups, whose complementary charges enable their condensation into clusters-particularly in the EL binding site, which often accommodates multiple $\mathrm{Na}^{+}$ions in close proximity. In these ionic clusters, $\mathrm{Na}^{+}$ions are often bound to more than one Glu side chain, and vice versa. Many individual transitions involve unitary changes in carboxylate $O$ coordination and occur within $\sim 100 \mathrm{ps}$, the faster timescale of Glu conformational relaxation. These changes result in the rapid interconversion of ionic arrangements in a fashion reminiscent of a highly disordered, liquid-like state.
More often than not, the ionic clusters are not neutral. Although there is an overall correlation, there is no simple correspondence between ionic occupancy states and the number of dunked side chains, $n_{\mathrm{d}}$, which fluctuated within all of the macrostates (Fig. 1F and Fig. 5, Insets) and even between closely related microstates


Fig. 5. Network representation highlighting the multiplicity and degeneracy of $\mathrm{Na}^{+}$binding modes. Each of the four macrostates ( $\mathbf{1}^{\prime}, 2,2^{\prime}$, and 3 ) corresponds to a large number of microstates ( $\mathrm{Na}^{+}$binding modes) differing in the number of carboxylate O atoms of E177 and carbonyl O atoms of L176 directly coordinating $\mathrm{Na}^{+}$ions. Out of a total of 1,233 microstates observed, the 521 most populated binding modes, which account for $99 \%$ of the total population, are depicted as disks whose surface area is proportional to their population. Each line connecting two states, an edge, represents transitions between these states, with edge thickness proportional to the number of transitions. The network is clustered and colored using a modularity algorithm that contains no information about the four macrostates, only edge connectivity (see SI Methods). A representative snapshot and the distribution of the number of dunked E177 side-chains are shown as Insets for each macrostate. Further details of ionic coordination are provided in Figs. S6-S8.
(Figs. S6 and S7). Charge fluctuations in the ionic cluster result from the impossibility of maximizing attractive interactions between opposite charges while simultaneously minimizing repulsion between like charges and satisfying the spatial constraints imposed by the architecture of the SF. Together, these factors contribute to the multiplicity and degeneracy of ionic binding modes. In turn, the fluidity of ionic coordination underpins the high mobility of $\mathrm{Na}^{+}$in the SF. By guaranteeing that no single binding mode is significantly stabilized over any other one and that the barriers separating them are low, the conformational flexibility of the EEEE ring shapes an energy landscape conducive to ionic diffusion in the SF and, ultimately, to $\mathrm{Na}^{+}$permeation.

Comparison with Recent Molecular Dynamics Studies. Several simulation studies have recently examined the energetics and the dynamics of $\mathrm{Na}^{+}, \mathrm{Ca}^{2+}$, and $\mathrm{K}^{+}$in the SF of $\mathrm{Na}_{V} \mathrm{Ab}(18-25)$. Consistent with the above results, some of these studies described coordination of $\mathrm{Na}^{+}$by the carboxyl group of E177 $(18,20,21,24)$ and a two-ion knock-on mechanism (19, 20, 23, 24) involving low free energy barriers ( $19,22,23$ ). In addition, $\chi_{2}$ conformational isomerization of E177 was reported in a simulation of $\mathrm{Ca}^{2+}$ permeation (24). These studies did not examine the coupling of E177 isomerization to $\mathrm{Na}^{+}$binding and permeation, or the remarkable degeneracy of states that catalyze rapid conduction of $\mathrm{Na}^{+}$. In addition, in most of these studies (18-24), comparatively limited sampling precluded the analysis of $\mathrm{Na}^{+}$translocation kinetics.

Multistate Knock-On Mechanism for $\mathrm{Na}^{+}$Permeation in $\mathrm{Na}_{\mathrm{v}} \mathbf{A b}$. Our results reveal spontaneous permeation of $\mathrm{Na}^{+}$through the selectivity filter of $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ in a knock-on mechanism involving alternating states in which 2 or $3 \mathrm{Na}^{+}$ions are within the pore lumen. In contrast to the direct solvation of $\mathrm{K}^{+}$by backbone carbonyl groups in the narrow SF of $\mathrm{K}^{+}$channels $(7,26)$, binding of $\mathrm{Na}^{+}$in the
shorter and wider SF of $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$ involves both direct and watermediated interactions of $\mathrm{Na}^{+}$with the carbonyl groups of T175 and L176 and with the carboxylate groups of E177. Furthermore, elementary steps of $\mathrm{Na}^{+}$diffusion in $\mathrm{Na}_{V} \mathrm{Ab}$ do not occur via linear, concerted movement of an ionic column as in the Newton balls mechanism of $\mathrm{K}^{+}$permeation in $\mathrm{K}^{+}$channels (16), but instead involve liquid-like rearrangements of ionic clusters resulting from the condensation of variable numbers of $\mathrm{Na}^{+}$ions and carboxylate groups. Evidently, as early in evolution as bacteria, two fundamentally different structures and mechanisms had arisen for conduction of $\mathrm{Na}^{+}$versus $\mathrm{K}^{+}$in ion channels.

In contrast to the classic "snug" or "induced fit" models of ion permeation, it is becoming recognized that protein flexibility plays a role in selective ion transport $(27,28)$. The mechanism uncovered in the present study highlights the interplay of channel dynamics and ion movement. In the ionic clusters of $\mathrm{Na}^{+}$and E177 carboxylates in the SF of $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$, negative and positive charges are nearly but not exactly compensated. Far from trapping ions, the reciprocal coordination of permeating $\mathrm{Na}^{+}$ions and carboxylate groups creates a myriad of ionic binding modes and a highly degenerate energy landscape propitious to the rapid exchange and diffusion of ions through the SF. Dynamic coupling of ionic coordination to conformational isomerization of the E177 side chains guarantees at once the multivalency of the SF for $\mathrm{Na}^{+}$ions and the rapid exchange between alternating states differing in the number of bound ions, resulting in an effective knock-on rate of $6 \times 10^{6} \mathrm{~s}^{-1}$. This unique catalytic mechanism takes advantage of the degeneracy of ionic interactions to accelerate $\mathrm{Na}^{+}$movement toward the limit of free diffusion.

In eukaryotes, voltage-gated $\mathrm{Na}^{+}$channels are composed of four covalently linked domains similar to one subunit of $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ (1-4). This arrangement places the amino acid residues DEKA in the positions of EEEE in homotetrameric $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$ (15). The mechanism of $\mathrm{Na}^{+}$permeation described here would be substantially different if DEKA were present at the positions of the four E177 residues in $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$. Further structural and computational studies will be required to understand the mechanistic significance of this profound difference in structure of the SF of bacterial and eukaryotic $\mathrm{Na}^{+}$channels.

## Methods

The simulation system consisted of the NavAb I217C mutant based on the crystallographic structure with the highest resolution (PDB code: 3RVY) (13), embedded in a hydrated 1,2-dimyristoyl-sn-glycero-3-phosphatidylcholine (DMPC) bilayer, yielding a system comprising $\sim 219,000$ atoms. The simulations were performed with GROMACS 4.0 .7 (29). The protein and ions were modeled with the OPLS all-atom force field $(30,31)$, and the TIP3P model (32) was used for water molecules. The lipid bilayer was modeled by the Berger parameters (33) using the half- $\varepsilon$ double-pairlist method (34). Forty-seven unconstrained simulations of 400 to 500 ns each yielded $21.6 \mu$ s of simulation data. To check the dependency of our results on the force field, we generated a 340 ns-long simulation with the CHARMM force field (35). Although this control simulation is too short for a quantitative comparison, results confirm multiple $\mathrm{Na}^{+}$occupancy in two binding sites involving direct coordination to E177 and L176, as well as conformational isomerization of the Glu side chain and formation of ionic clusters, consistent with the mechanism described above (Fig. S9). For additional details of system set up and equilibration, simulation protocol, and analysis, see SI Methods.

Note Added in Proof. A study published after the submission of this paper for review examined the conduction of $\mathrm{Na}^{+}$and $\mathrm{K}^{+}$in the open state of an analog of $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$ in the microsecond time scale (25). That study reports different binding modes and a lower average $\mathrm{Na}^{+}$occupancy of the SF than the present analysis. These discrepancies may be due, at least in part, to the presence of a large, negative internal voltage ( 23,25 ), which could shift the conformational equilibrium of E177 toward the outfacing rotamer and perturb the catalytic mechanism reported in the present study.

ACKNOWLEDGMENTS. We gratefully acknowledge a generous allocation of computing resources from SciNet, WestGrid, and CLUMEQ under the auspices of Compute Canada NRAC computing allocations. This research was supported
by Canadian Institutes of Health Research Operating Grant MOP43949 (to R.P.), by National Institutes of Health Research Grants R01 NS15751 (to

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# Supporting Information 

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## SI Methods

We performed 47 independent simulations of $400-500 \mathrm{~ns}$ with the initial 40 ns of each simulation removed for equilibration as shown in Fig. S1 $C-E$. The time trajectories were saved at $25-\mathrm{ps}$ intervals. Each simulation system consisted of a periodic simulation box $\left(16.7 \times 16.7 \times 9.8 \mathrm{~nm}^{3}\right)$ containing the $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ I217C mutant (PDB code: 3RVY) (1), a hydrated 1,2-dimyristoyl$s n$-glycero-3-phosphatidylcholine (DMPC) bilayer of 846 molecules, and 54,957 water molecules, for a total of 218,883 atoms. Both N - and C-terminal ends of the protein were modeled as neutral moieties. The structure of wild-type $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$, which has recently been solved (2), exhibits a greater asymmetry in the arrangement of the four peptide chains in the selectivity filter. Because the magnitude of these differences is smaller than the fluctuations observed in the simulations of the Ile217Cys mutant reported here, these changes are not significant to the present study.

The protein and ionswere modeled with the optimized potentials for liquid simulations (OPLS) all-atom force field (3, 4), and the transferable intermolecular potential 3 point (TIP3P) model (5) was used for water molecules. DMPC was modeled by the Berger parameters (6) using the half- $\varepsilon$ double-pairlist method (7). Lennard-Jones interactions were evaluated using a groupbased cutoff for separation distances less than 1.2 nm and otherwise ignored. Coulomb interactions were calculated using the smooth particle-mesh Ewald (PME) method $(8,9)$ with a realspace cutoff of 1.2 nm and a Fourier grid spacing of 0.14 nm . Simulation in the isothermal-isobaric ( $N p T$ ) ensemble was achieved by semiisotropic coupling to Berendsen barostats (10) at 1 bar with coupling constants of 4 ps and temperature coupling using velocity Langevin dynamics (11) at 300 K with a collision frequency of $1 \mathrm{ps}^{-1}$. Covalent bonds were constrained with SETTLE (12) and P-LINCS (13) for water and other molecules, respectively. The integration time step was 2 fs . The nonbonded pair-list was updated every 20 fs .
A preequilibrated DMPC bilayer (14) was taken, and protein was inserted in it using the procedure of Kandt et al. (15). Initially, the protein was inserted such that the $\mathrm{C}_{\alpha}$ of residue F207 matched the center of the bilayer. The bilayer was then expanded within the $x y$ plane by applying a scaling factor of 4 to translate each lipid. Lipid molecules with phosphorus atoms within 1.4 nm of any protein $\mathrm{C}_{\alpha}$ atom were deleted. This procedure was followed by 20 composite steps of compression (by a factor 0.95 ) of the lipid bilayer and 500 steps of steepest descent (SD) energy minimization of the protein-lipid system. The bilayer was then subjected to nine cycles of contraction by a factor of 0.97 followed by 500 SD steps. At this stage, the system was solvated with TIP3P water molecules (4), and eight $\mathrm{Cl}^{-}$counter ions were added to neutralize the simulation cell. The system was subjected to the following series of energy minimization and molecular dynamics (MD) cycles for progressive relaxation of the system: (i) 1,000 SD steps and 1 ns of MD with all lipid and harmonic restraints $\left(1,000 \mathrm{~kJ} \cdot \mathrm{~mol}^{-1} \cdot \mathrm{~nm}^{-2}\right)$ on protein heavy atoms, (ii) 1,000 SD steps and 1 ns MD with harmonic restraints on all protein heavy atoms, (iii) 1,000 SD steps and 1 ns MD with only backbone of the protein restrained, (iv) addition of an extra $150 \mathrm{Na}^{+}$and $150 \mathrm{Cl}^{-}$ions to mimic the physiological salt concentration of 150 mM , followed by 1,000 SD steps and 1 ns MD with the protein backbone restrained, and finally (v) 1,000 SD steps and 1 ns MD with only $\mathrm{C}_{\alpha}$ atoms of the protein restrained. Subsequent simulations were performed without any spatial restraint. In the initial random placement of ions, a minimum distance of 0.6 nm between the ions was maintained, and the ions
were placed in bulk water. A typical simulation cell is shown in Fig. S1 $A$ and $B$.

To examine the coupling of the anionic side chains of E177 structure and dynamics to $\mathrm{Na}^{+}$permeation through the selectivity filter (SF), we also performed as a control five repeats of 200 ns -long MD simulations in the absence of excess salt. The simulation system was obtained as explained above, except that stage $i v$ was skipped. The data were collected at the interval of 10 and 25 ps , in simulations without and with salt, respectively. We computed the $\chi_{1}$ and $\chi_{2}$ torsion angles of the E177 side chain from $0.8 \mu \mathrm{~s}$ of simulations without $\mathrm{Na}^{+}$and $17 \mu$ s of simulations with $\mathrm{Na}^{+}$(Fig. 4A). Analysis of the reversible thermodynamic work or potential of mean force (PMF) for side chain isomerization shows two free energy basins for out-facing (undunked) and dunked conformations at $\chi_{2}=60^{\circ}$ and $300^{\circ}$, respectively (Fig. 4A).

All of the MD simulations described above were carried out using GROMACS 4.0.7 (16). All molecular pictures were rendered with VMD (17). Atomic positions, ionic coordination, and dihedral angles of E177 side-chains were extracted using MDAnalysis (18). All uncertainties mentioned in this text denote the SE of mean calculated over all trajectories. Potentials of mean force were computed from probability distributions such as $\mathrm{p}\left(z_{1}, z_{2}\right)$ using the following relationship: $\mathrm{W}\left(z_{1}, z_{2}\right)=-\mathrm{k}_{\mathrm{B}} T \ln$ $\mathrm{p}\left(z_{1}, z_{2}\right)$, where $\mathrm{k}_{\mathrm{B}}$ and $T$ are the Boltzmann constant and the absolute temperature, respectively.

The clustering and network analysis of states with varying coordination of permeating cations to E177 carboxylate and L176 carbonyl oxygen atoms were performed with gephi (19) network analysis and visualization software. A modularity algorithm with resolution 2.0 and using edge weights (where weights were defined as transition counts between states) was used to color the network graph. For the full network analysis shown in Fig. S7, only nodes with dwell time greater than 814 ps were shown.
For our control simulation using the CHARMM force field, the $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ I217C mutant was submitted to the CHARMM-GUI membrane builder (20) and aligned using the Orientation of Proteins in Membranes (OPM) database (21). This simulation system consisted of a periodic simulation box $(16.3 \times 16.3 \times$ $9.3 \mathrm{~nm}^{3}$ ) containing the $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$ I217C mutant, a 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC) bilayer, 48,663 water molecules and 150 mM NaCl salt for a total of 247,627 atoms. Both N - and C-terminal ends of the protein were modeled as neutral moieties. Water molecules were not inserted into the pore during system preparation, which may result in lower hydration and ion occupation of the central cavity (CC) compared with the OPLS simulations. The energy of the system was minimized for 2,500 steps and subjected to 550 ps of simulation following the CHARMM-GUI default equilibration protocol of gradually reducing backbone and side-chain restraints. All simulations were conducted in the NpT ensemble ( $T=300 \mathrm{~K}$; $P=1 \mathrm{~atm}$ ) with the Langevin-Piston algorithm with the NAMD package (22). The CHARMM36 protein $(23,24)$ and lipid $(25)$ force fields were used. The TIP3P model (5) was used for water molecules. We used the NBFIX parameters derived using osmotic pressure calibration, successively for the $\mathrm{Na}: \mathrm{Cl}$ pair (26) and for the pairwise interaction of sodium ions with carboxylate O atoms, as listed in the toppar file of the c36_aug12 version of CHARMM (http://mackerell.umaryland.edu/CHARMM_ff_ params.html), namely, $E_{\min }=-0.075020 \mathrm{kcal} / \mathrm{mol}$ and $R_{\text {min }}^{-}=$ 0.319 nm ; the latter parameters were developed using the same osmotic pressure method (mentioned above) and are currently the object of further refinement. For the sake of comparison,
the pairwise Lennard-Jones parameters for OPLS/AA Na ${ }^{+}$ and carboxylate O atoms used in the rest of this study are: $E_{\text {min }}=-0.02411 \mathrm{kCal} / \mathrm{mol}$ and $R_{\text {min }}=0.323 \mathrm{~nm}$. PME was used to calculate electrostatics. A single production trajectory of length 340 ns was generated with a 2 -fs time step, and bonds with hydrogen were constrained using the SHAKE algorithm.

For protonation of E177 side chains at neutral pH , we performed Poisson-Boltzmann continuum-electrostatic calculations using the online server in CHARMM-GUI (27) to estimate the $\mathrm{pK}_{\mathrm{a}}$ of E177. The protein, membrane, and bulk water were assigned dielectric constants of 4,2 , and 80 , respectively. The pore interior was assigned a dielectric constant of 80 . A $3.6-\mathrm{nm}$-thick membrane slab was centered at the central cavity. Calculations were first performed with a grid spacing of 0.1 nm , followed by

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a focusing calculation with a grid spacing of 0.05 nm . Five representative conformations of the channel in the absence of salt were chosen, and the $\mathrm{pK}_{\mathrm{a}}$ of each Glu side chain was computed, first in the absence of salt and then with an assumed ionic strength of 150 mM .
The average $\mathrm{pK}_{\mathrm{a}}$ of E 177 was $6.4 \pm 0.4$ and $5.8 \pm 0.4$ in the absence and presence of salt, respectively. The increased $\mathrm{pK}_{\mathrm{a}}$ relative to the reference aqueous value of 4 reflects a significant destabilization of the ionic form due to the proximity of the four Glu side-chains to each other in the SF of $\mathrm{Na}_{\mathrm{V}} \mathrm{Ab}$, which is mitigated by the presence of salt. Nevertheless, these estimates justify the neglect of Glu177 protonation in the present study, where we assume that pH is neutral and all four sidechains are charged.
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Fig. S1. System set-up and equilibration. (A) Side and ( $B$ ) top views of the simulation system consisting of $N a_{v} A b$ (orange) embedded in a DMPC bilayer (gray), with water molecules (red dots) and 150 mM NaCl (blue and cyan spheres). Water molecules in the pore are shown in space-filling representation. (C) Root mean squared deviation (RMSD) for the $\mathrm{C}_{\alpha}$ atoms of (All) the entire protein, (Pore) the pore domain, and pore-forming helices S5 and S6 from a single MD trajectory. ( $D$ and $E$ ) Average RMSD and SDs of all 47 simulations. The dotted line at $t=40 \mathrm{~ns}$ marks the beginning of data collection.


Fig. S2. Two example 500-ns MD trajectories illustrating the dynamics of $\mathrm{Na}^{+}$ions in the channel lumen. (A) Snapshots of permeating sodium ions, their coordination pattern, and the selectivity filter are shown at time steps mentioned. ( $B$ and $F$ ) Time evolution of the position of $\mathrm{Na}^{+}$along the channel axis. Sodium ions are colored according to their position along channel axis: red, green, blue, and purple, from the innermost to the outermost position, respectively. In this trajectory, the blue ion remains in the SF following early entry from the extracellular (EC) medium. ( $C$ and $G$ ) Number of $\mathrm{Na}^{+}$ions in the pore. ( $D$ and $H$ ) Number of E177 side-chains protruding into the lumen ("dunked"). ( $E$ ) Three-ion and one-ion intermediate coordination states are highlighted at $t=367-368 \mathrm{~ns}$ and $t=420 \mathrm{~ns}$, respectively.


Fig. S3. Free energy landscape of $\mathrm{Na}^{+}$motion in $\mathrm{Na}_{\mathrm{v}} \mathrm{Ab}$. Shown are 2D PMFs of axial positions of adjacent $\mathrm{Na}^{+}$ions in the four macrostates $\mathbf{2}, \mathbf{1}^{\prime}, \mathbf{3}, \mathbf{a n d}^{\prime} \mathbf{2}^{\prime}$ (see text). The colored bars indicate the relative insertion depth of $\mathrm{Na}^{+}$ions in the channel lumen: red, green, and blue from the innermost to the outermost position. Upper Left and Upper Center show that the energy landscapes for red and green ions are similar in macrostates 3 and 2. Likewise, Lower Left and Lower Center show that the energy landscapes for blue and green ions are similar in macrostates $\mathbf{3}$ and $\mathbf{2}^{\prime}$. Finally, Upper Right and Lower Right show that the energy landscape of green and red are similar in macrostates $\mathbf{1}^{\prime}$ and $\mathbf{2}^{\prime}$.


Fig. S4. Free energy landscape of $\mathrm{Na}^{+}$motion in $\operatorname{Na}{ }_{v} \mathrm{Ab}$. ( $A$ ) The 2D PMF of axial positions of first (red, $z_{1}$ ) and second (green, $z_{2}$ ) sodium ions in states where two $\mathrm{Na}^{+}$ions are the channel (macrostates $\mathbf{1}^{\prime}$ and 2 ). The free energy basins are labeled $a, c, d, e, a n d f$ in order of decreasing occupancy. Basins a and $c$ are related by concerted ionic motion. Basin $a$, the most populated conformation, corresponds to the green and red ions in the $E$ and EL binding modes, respectively (see representative conformations in the Insets, where the four-digit code corresponds to E and L coordination). In basin d, both ions are in the EL-binding mode. Migration of the green ion from the E binding site (basin e) to the EL binding site (basin f) triggers the expulsion of the red ion into the CC. (B) The 2D PMFs of axial positions of first (red, $z_{1}$ ), second (green, $z_{2}$ ), and third (blue, $z_{3}$ ) sodium ions in triple ionic occupancy macrostates $\mathbf{2}^{\prime}$ and $\mathbf{3}$. (Left) The flat free energy valley defined by $\mathrm{d}^{\prime}, \mathrm{c}^{\prime}, \mathrm{g}^{\prime}$, and $\mathrm{f}^{\prime}$ suggests that the red ion can diffuse freely between the SF and the CC when the green ion is in the EL binding site ( $z_{2} \sim 0$ ). In basins $c^{\prime}$ and $d^{\prime}$, both red and green ions are condensed in the EL binding site. (Right) Basins $b^{\prime \prime}$ to $d^{\prime \prime}$ correspond to the stepwise movement of a third (blue) ion in and out of the SF. Basins $a^{\prime}, a^{\prime \prime}, d^{\prime}$, and $d^{\prime \prime}$ are equivalent to basins a and $d$ of $A$. (C) Coupling of ion movement to ionic occupancy of the SF. Free energy profiles for the movement of the innermost (red) first ion between the selectivity filter (SF) and the central cavity (CC). Upper and Lower correspond to total ionic occupancy of two and three $\mathrm{Na}^{+}$in the channel lumen for (Left) e (Upper) and e' (Lower) basins; (Right) fand f' basins. When two ions are in the channel, the expulsion of the innermost ion into the CC is conditional to the presence of a second ion in the EL binding site. When three ions are in the channel, the presence of the second ion in the EL binding site further facilitates the movement of the innermost ion between the SF and the CC, which becomes diffusive, as suggested by the flat free energy profile in basin $f^{\prime}$.


Fig. S5. Coupling of channel dynamics to ion movement. (A) Time evolution of the survival probability of the $\chi_{2}$ dihedral angle of E177 in dunked (Dunk) and undunked (Undunk) states, shown with a fit to a multiple exponential function. The fits to the survival probability of the dunked and undunked states in the presence of 150 mM NaCl are $S(t)=0.56 \times \exp (-t / 0.049)+0.27 \times \exp (-t / 0.667)+0.14 \times \exp (-t / 8.180)$ and $S(t)=0.51 \times \exp (-t / 0.068)+0.29 \times \exp (-t /$ $0.788)+0.16 \times \exp (-t / 9.047)$, respectively, with time $t$ expressed in ns. In the absence of salt, the exponential fits for dunked and undunked states are $S(t)=$ $0.70 \times \exp (-t / 0.012)+0.11 \times \exp (-t / 0.09)$ and $S(t)=0.77 \times \exp (-t / 0.012)+0.16 \times \exp (-t / 0.325)+0.05 \times \exp (-t / 8.044)$, respectively. Correlation coefficients for these fits were 0.997 or better. ( $B$ ) Time evolution of the axial projection of centers of cationic charge (CCC) and of anionic charge (CAC) within the channel lumen. (Black) Average axial position of $\mathrm{Na}^{+}$ions located inside the SF ( $0.6 \leq z \leq-0.24 \mathrm{~nm}$, delineated by thick gray lines); (orange) average axial position of carboxylate oxygen atoms of E177 side-chains. Initially ( $t \leq 100 \mathrm{~ns}$ ), the motions of the CAC and the CCC are uncorrelated (Pearson correlation coefficient $P=-0.12$ ) whereas, in $100-$ to $300-\mathrm{ns}$ and 300 - to 500 -ns time segments, they show significant correlation ( $P=0.72$ and 0.75 ). Based on this analysis, we identify a tight-coupling region (TCR) within which cationic movement is coupled to the movement of E177 side chains.


Fig. S6. Network representation highlighting the multiplicity, the connectivity, and the degeneracy of microstates involving double ionic occupancy of the channel. Coordination states representing $93 \%$ of the population of double $\mathrm{Na}^{+}$occupancy within the pore are shown together with example snapshots and distribution of E177 dunking for each cluster. Each state, or node, represents a unique coordination of channel ligands (E177 carboxylate and L176 backbone carbonyl oxygen atoms) identified by the four-digit label ELEL which corresponds to the number of coordinating ligands for the first (red) and second (green) ion in the channel. For example, in state 1120, the digits 11 indicate that the first ion is coordinated by two ligands, one of two E177 carboxylate oxygen atoms and one L176 backbone carbonyl oxygen atom, whereas the digits 20 indicate that the second ion is coordinated by two oxygen atoms from E177 and none from L176. The size of each node is proportional to its population. Each line connecting two states, an edge, represents transitions between these states with edge thickness proportional to number of transitions. Densely connected nodes form clusters of like color as determined by a modularity algorithm based only on number of transitions. The distribution of the number of E177 side-chains protruding or dunked into the lumen space is shown beside each cluster. Macrostates $\mathbf{1}^{\prime}$ and $\mathbf{2}$ appear on the left- and right-hand-side of the figure, respectively. In general, as one moves from left to right, ions become more tightly coordinated by dunked E177 side-chains. Our definition of microstates, which does not distinguish between the four Glu side chains, effectively corrects for the fourfold symmetry of the channel sequence. In addition, coloring the cations according to their relative insertion depth corrects for ion-permutation symmetry.


Fig. S7. Network representation of ion coordination states representing 70\% of the population of triple ionic occupancy within the pore. Each state, or node, represents a unique coordination of channel ligands (E177 carboxylate and L176 backbone carbonyl oxygen atoms) identified by the six-digit label ELELEL, which corresponds to the number of coordinating ligands for the first (red), second (green), and third (blue) ion in the channel. The distribution of the number of E177 side-chains protruding or dunked into the lumen space is shown beside each cluster. Macrostates $\mathbf{2}^{\prime}$ and $\mathbf{3}$ correspond to the left- and right-hand-side of the network, respectively. In general, as one moves from left to right, ions become more tightly coordinated by dunked E177 side-chains.


Fig. S8. Network representation of $\mathrm{Na}^{+}$coordination states combining double and triple occupancy of the pore. The 243 most populated states, which together represent $95 \%$ of snapshots, are shown. The quadrants denoted 1', 2, 2', and $\mathbf{3}$ represent distinct ion occupancy macrostates as described in Fig. 3.


Fig. S9. Control 340-ns simulation illustrating the dynamics of $\mathrm{Na}^{+}$ions in the channel lumen using the CHARMM36 force field. (A) Snapshots of permeating sodium ions with bound water molecules in the selectivity filter are shown at selected time steps. (B) Time evolution of the position of $\mathrm{Na}^{+}$along the channel axis. Sodium ions are colored red, green, and blue from the innermost to the outermost position, respectively. (C) Number of $\mathrm{Na}^{+}$ions in the pore. ( $D$ ) Number of E177 side-chains protruding into the lumen (dunked). The average ionic occupancies in channel and SF are 2.2 and 1.61, respectively, and the average number of dunked Glu177 side-chains is 3.04 .


Movie S1. The movie represents the time series shown in Fig. 1 from 100 to 450 ns . The protein backbone of the SF is represented as cyan ribbons, and sidechains lining the SF are shown in the VMD (17) graphical representation licorice. Sodium ions are shown as red, green, and blue spheres. The surrounding protein is shown as gray background. Water molecules within the first solvation shell of the cations are also shown.

## Movie S1


[^0]:    Author contributions: N.C., C.I., and R.P. designed research; N.C., C.I., and R.P. performed research; J.P., N.Z., and W.A.C. contributed new reagents/analytic tools; N.C., C.I., and R.P. analyzed data; and N.C., C.I., J.P., N.Z., W.A.C., and R.P. wrote the paper.
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    This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10. 1073/pnas.1309452110/-/DCSupplemental.

